



Simon Plaut

Year of call 1997

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Simon Plaut is a very experienced junior barrister, specialising in all aspects of claims involving **serious and catastrophic personal injury** and all forms of **occupational disease**. He is instructed by claimants and defendants solicitors nationally.

He has a very busy and successful paperwork practice. He is an extremely effective cross-examiner with excellent attention to detail. He strives to put clients at their ease, ensuring that expectations are well managed and that the very best results can be obtained for them.

Expertise

Occupational Disease

Simon is instructed by top tier Claimants and Defendants solicitors nationally.

He has an extensive disease portfolio covering the range of long and short-tail disease. He is regularly instructed in all areas of occupational toxic exposures including:-

- Asbestos, including mesothelioma
- Industrial cancers
- Asthma
- Dermatitis
- RSI and upper limb disorders
- Occupational stress related illness
- Noise induced hearing loss.

Serious and catastrophic injuries

Simon deals with road traffic, employers liability and public liability claims which have resulted in:-

- Serious bodily and psychological harm
- Traumatic brain injuries
- Limb amputations
- Pain and other neurological disorders

- Fatal accident claims

Inquests

Simon is instructed in inquests, usually, but not exclusively when the death is associated with a personal injury claim. His practice includes acting for bereaved families and also for private prisons, relating to deaths in custody, particularly when allegations of neglect have been made.

Memberships

- PIBA

Qualifications

- MA (Hons) Cantab (Law at St Catharine's)
- Diploma in Sports Law (Kings College, London)

Recommendations

Chambers UK 2025

"Steven is approachable and achieves great results."

"He is personable and shows empathy with clients in very emotional situations."

"Fantastic client service and can work to tight deadlines."

Legal 500 2025

'Simon has a calming influence and clients love his down-to-earth and engaging manner. He is very personable, has an eye for detail, and is able to look at the bigger picture, thinking practically outside the box.'

Chambers UK 2024

"Simon is extremely dedicated, with years of experience under his belt. His service is second to none."

"Simon is an excellent advocate who prepares thoroughly and exercises a great level of skill. His knowledge is exceptional and he focuses on the needs of the client in every case."

"Simon is astute, calm and extremely competent."

Legal 500 2024

'Simon undergoes extremely thorough preparation and always has a complete grasp of issues in the case. He is an excellent communicator and establishes rapport with clients, explaining complex issues with ease.'

Chambers UK 2023

"He is extremely approachable and is excellent with clients."

"He demonstrates great compassion."

"Simon is an excellent technical specialist, he cuts through complex issues with ease."

Legal 500 2023

'Simon is excellent; So knowledgeable, incredibly thorough in his advice, always happy to talk things through, is professional at all times and very good with clients. He always puts them at ease and always makes himself available.'

Chambers UK 2022

"He is courteous, sensible and pragmatic. He has good judgement and is a very pleasant person to deal with." "Excellent. He is calm, well prepared and a very able advocate."

Chambers UK 2021

"He is always meticulously prepared and is extremely personable." "He is very incisive, detailed and gets straight to the core issues." "He is a great performer in court and one of the most personable individuals you will meet."

Legal 500 2021

"Thorough grasp of factual and legal issues, extremely forensic in examination of facts/evidence and excellent communicator, putting clients at ease. Attention to detail is obvious and impressive negotiator in JSM."

"Simon is quick thinking and able to consider and provide practical and agile solutions. Simon is very much hands on and accessible and keen to get involved in the cases. Simon is personable and enthusiastic – clients warm to him quickly and trust his views."

"He sees the bigger picture, combining sound legal advice with practical concerns."

Legal 500 2020

"Very down-to-earth, personable and hands-on with a strong work ethic."

Chambers UK 2020

"He's easy to deal with and a good advocate. He's very straightforward and concise in his advice." "A very pleasant opponent with a good eye for detail."

Chambers UK 2019

"He is meticulously well organised and well prepared."

Legal 500 2019

"An excellent communicator."

Chambers UK 2018

"A very capable counsel who is always well prepared."

"Thorough, grasps the issue at stake and very personable."

Legal 500 2018

'Recommended for all aspects of serious injury and occupational disease work.'

Legal 500 2017

'A safe pair of hands.'

Accreditations

